



## **Bridport Rugby Football Club**

### **Player Code of Conduct**

As a player you shall:

- Recognise and appreciate the efforts made by coaches, match officials, and administrators in providing Players the opportunity to play and enjoy the game of Rugby Union in a safe and fun filled environment; (RESPECT)
- Understand the value of loyalty to your team/club - you can't play alone. (TEAMWORK)
- Recognise that every player has the right to expect that their involvement in Rugby Union to be safe and free from all forms of abuse; (DISCIPLINE, ENJOYMENT)
- Inform your Team Coach or Manager if you are treated in an unacceptable manner; (RESPECT)
- Play because you want to, not to please others; (ENJOYMENT)
- Remember that skill development, fitness and enjoyment are important to the game; (DISCIPLINE)
- Be attentive during all coach and training sessions; (RESPECT, TEAMWORK)
- Work equally hard for yourself and your team as you will both benefit; (TEAMWORK)
- Recognise good play by your team mates and opponents; (RESPECT, SPORTSMANSHIP)
- Dress appropriately when representing the club; (DISCIPLINE)
- Play to the Laws of the Game and accept, without question, all referee's decisions even if they appear to make a mistake; (DISCIPLINE)
- Control your emotions. Verbal or physical abuse of team mates, opponents, coaches, match officials or spectators is not acceptable. (DISCIPLINE, ENJOYMENT, RESPECT)
- Rugby is a team game - do your best for your team; don't try to grab all the glory. (TEAMWORK)
- Don't show off, lose your cool, pick on other players or generally misbehave - it's not part of rugby. (DISCIPLINE)
- If you lose, accept it with good grace and try harder next time. (DISCIPLINE, RESPECT)
- Respect good play - from opponents or your team; Win with dignity and lose with grace (RESPECT, SPORTSMANSHIP)